

SEND Newsletter 1...

Hello and welcome!

We hope that you find the help and advice in this SEND Newsletter useful if you have any feedback please let us know.

Any questions
please contact us
at school.



For help and support during these strange times, visit:
www.devon.gov.uk/coronavirus-advice-in-devon



Sensory Spectacle have a range of helpful mini online courses and sensory activity ideas...
<https://us12.campaign-archive.com/?u=a08a392428ca485164cd8a214&id=e305bd3d76>

[u=a08a392428ca485164cd8a214&id=e305bd3d76](https://us12.campaign-archive.com/?u=a08a392428ca485164cd8a214&id=e305bd3d76)

YOUNGmINDS

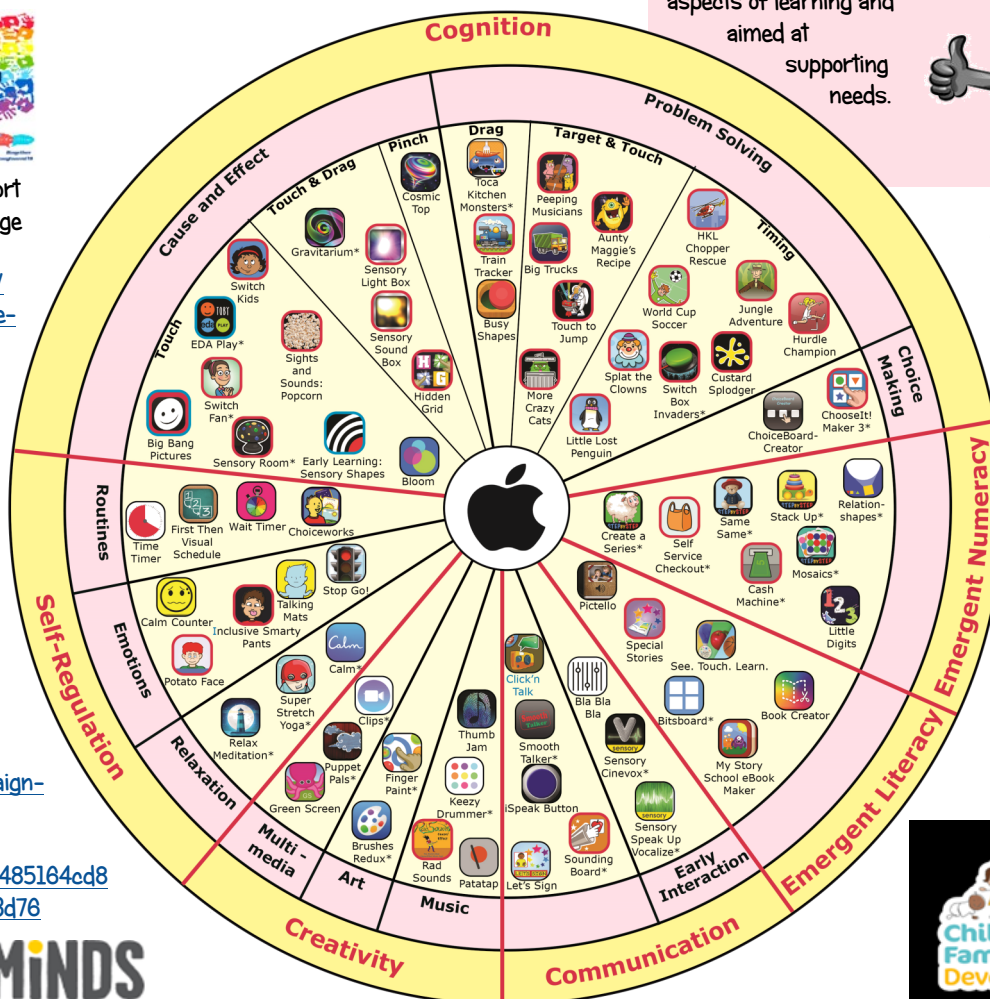
Tips, advice and where to get support for your child's mental health during the COVID-19 pandemic.

<https://youngminds.org.uk/find-help-for-parents/supporting-your-child-during-the-coronavirus-pandemic/>

The wheel of apps is an overview of applications available covering different aspects of learning and aimed at supporting needs.



Apps marked with a * are free!



Mental Health Services that can support you

NHS - 111

Childline—0800 1111

Kooth - <https://www.kooth.com/>

MIND - <https://www.mind.org.uk/>

There is always support out there for you!

Don't suffer in silence

Call the National Domestic Abuse Helpline on: 0808

2000 247 (women)

0808 8010 327 (men)

If you are in immediate danger, call 999. If you can't talk dial 55 and help will come.

gov.uk/guidance/domestic-abuse-how-to-get-help

IF YOU'RE 13-19 TEXT YOUR SCHOOL NURSE
07520 631 722

WE HELP YOUNG PEOPLE WITH ALL KINDS OF THINGS LIKE...

RELATIONSHIPS
MENTAL BULLYING
SELF HEALTH
ALCOHOL HARM
HEALTHY EATING
DRUGS
SMOKING

Text us for confidential advice & support

IF YOU ARE A PARENT OR CARER
You can text your Health Visitor on
07520 631 721

We can help with all kinds of things like....

CHILD HEALTH & MENTAL DEVELOPMENT
HEALTH ADJUSTING TO SLEEP & FEEDING ROUTINES
PARENTING TOILETING CONTINENCE
FAMILY HEALTH

Text us for confidential advice & support